

SPAULDING FAMILY CONNECTIONS

Spaulding Academy Newsletter • Edition 35 • January 2023

School Leadership

Prior to being promoted to the position of Special Education Coordinator, Tammy had been a Special Education Teacher working with students in private school settings for over 13 years and in public school settings for over 5 years. Tammy began her career as a Social Studies Teacher where she quickly found a passion for working with special needs populations and returned to school to earn her master's degree in Special Education. Tammy came to Spaulding after the private school she was working for as a Special Education Teacher and Special Education Coordinator closed and moved out of state. She spent a few years as a Special Education Teacher at Newfound Regional High School but longed to return to a private school setting where she could again work with students that required out of district placement, her true passion. She was excited to join our organization in June of 2016 after meeting another teacher from Spaulding at a workshop and hearing what an amazing place it is to work. Since arriving at Spaulding, Tammy says that she has grown to love the dedicated staff that work here and enjoys the many personal and professional rewards of working for an organization that truly puts the needs of the students first. She looks forward to many more years with Spaulding and is eager to share her experience with others in order to keep Spaulding moving forward and able to continue its great work. She says, "Of all the places I have seen and worked in my career, this place feels like home to me. The people are amazing, and you feel supported. That's important to do the work we do with the populations we work with. I can't think of anywhere else I would rather be."

LEARNING 🖋



Tammy Johnson, Special Education Coordinator

To Learn More Visit: https://www.spauldingservices.org/

Lines and Self-Portraits

This month in the art room our students have been creating self-portraits. We have been focusing on the element of line while drawing these portraits, specifically we have been using contour lines. Contour lines are used to draw the outline of a form as well as the most important structural parts of what we are drawing. For this project our students used a photograph of themselves, then traced the contour lines in sharpie and used transfer paper to create a piece of artwork that only showed the contour lines of their portrait. The students then had creative freedom to finish their self portraits however they saw fit. You can see the personality and individuality of each of our students in their self portraits!

Robyn Allen, Art Teacher

Ask Your Child: What's your favorite craft activity?

STUDENT ART 🙈







Novamae, age 10



SPAULDING FAMILY CONNECTIONS

Spaulding Academy Newsletter • Edition 35 • January 2023

Holiday Treats Easy Roasted Chickpeas

Instructions:

- Preheat oven to 375° F. Drain and rinse chickpeas, then pat dry with a paper towel.
- 2. Arrange chickpeas in a single layer on a baking sheet and roast for 30-35 minutes, shaking the pan every ten minutes. They will be golden brown and crunchy on the inside when done, not moist. Watch carefully so they don't burn
- 3. In a medium bowl, combine the salt and garlic powder.
- 4. Remove chickpeas from the oven when done and toss with 2 teaspoons of extra virgin olive oil. Immediately toss with seasoning while hot.
- 5. Cool before serving

For more information and flavors, visit: https://www.superhealthykids.com/roasting-beans/

Ingredients:

- o 15 ounces chickpeas (garbanzo beans), canned
- o 1/8 teaspoon salt
- o 1 teaspoon garlic powder
- o 2 teaspoons olive oil

TIP: Store in an airtight container. If they lose some of their crunchiness after storing, they can be reheated in the oven or toaster-oven for 10 minutes.



NUTRITION "

Ask Your Child: What is your favorite snack?

2022 Annual Arts Festival

Spaulding Academy & Family Services recently held their first in-person live arts festival performance since 2019! Our students created songs, plays and visual art to incorporate into their classroom's performances. Our theme for this year's arts festival was an African philosophy called Ubuntu. Ubuntu means I am because we are, together as one. Students made connections between Ubuntu and the Choose Love curriculum to form a great understanding of what we wanted to show on stage. Our students worked with Robyn Allen, the arts teacher at Spaulding as well as visiting artist TJ Wheeler to create materials for this festival. Our students had learned a lot during COVID and this was the time to finally show off their skills on stage! Students acted, danced, played music, and sang in front of their peers, teachers, Spaulding staff and guests who came in support of our students. The students were fantastic, and everyone left with a smile on their face!



HAPPENINGS \heartsuit





To learn more visit: https://chooselovemovement.org/home/

Ask Your Child: How do you celebrate the holidays?