

LEARNING



Tara Eastman grew up in Northfield right down the road from Spaulding. "I would watch the students walk by my house to go downtown. I didn't know a lot about Spaulding except that it was a residential school, but I was very interested and wanted to know more", says Eastman.

Tara has worked with children for many years, including working in a daycare while she was in high school, working with a student in an in-home after school program following the ABA Lovaas Method, and working as a paraeducator within the public school system. Tara said, "these experiences led me to not only want to know more about Spaulding, but I could not wait until I was old enough to apply to work here."

Tara started working at Spaulding in 1997 as a 1:1 paraeducator in the ED program. She has held various positions in her time at Spaulding including working as a Residential Counselor at Cutter-Wiggins and as an Associate Teacher prior to being appointed as the School Coordinator. Tara speaks highly of her Spaulding career saying, "Spaulding is such a unique and special place and I absolutely love our children and the community that we have! I am excited about continuing the great work that we are doing with Social Emotional Learning and Choose Love. I am also excited and look forward to future accomplishments and growth opportunities for us as a school!"

Tara holds a Bachelor of Science degree in Behavioral Science with a minor in Management and a certification as a Special Education Teacher.

Spaulding is lucky to have such dedicated and life long employees, like Tara!



Tara Eastman,
School Coordinator

To Learn More Visit: <https://www.spauldingservices.org/>

Shapes

Our students have been studying the work of Artist Paul Klee. Klee was a German artist whose work represented art movements such as Bauhaus, Cubism, and surrealism. Our students have been focusing on using the element of shape within their artwork, Paul Klee is a great example of an artist who also emphasized the element of shape within his artwork. After observing his work our students created pieces inspired by Paul Klee. These artworks are collages of recycled painted paper with ink. Our students had fun going through all of the painted paper we have created over the last few months and tracing shapes onto it to cut out and use in their pieces. It was amazing to see them utilize their creativity while they created these beautiful works of art.

Robyn Allen,
Art Teacher



Connor, age 13



Sierra, age 11

Ask Your Child: What's your favorite craft activity?

Holiday Treats

Healthy Iced Gingerbread Oatmeal Cookies

Ingredients:

- o 1 cup instant oats
- o ¾ cup flour
- o 1 ½ tsp baking powder
- o 1 tsp ground ginger
- o ¼ tsp ground cinnamon
- o ⅛ tsp ground nutmeg
- o ⅛ tsp ground cloves
- o ¼ tsp salt
- o 2 tbsp coconut oil or unsalted butter, melted and cooled slightly
- o 1 large egg, room temperature
- o 1 tsp vanilla extract
- o ¼ cup pure maple syrup, room temperature
- o ¼ cup molasses

For the Icing:

- o 3 tbsp confectioners' sugar
- o 1 tsp nonfat milk



Instructions:

1. To prepare the cookies, whisk together the oats, flour, baking powder, ginger, cinnamon, nutmeg, cloves, and salt in a medium bowl. In a separate bowl, whisk together the coconut oil or butter, egg, and vanilla. Stir in the maple syrup and molasses. Add in the flour mixture, stirring just until incorporated. Chill the cookie dough for 30 minutes.
2. Preheat the oven to 325°F, and line a baking sheet with a silicone baking mat or parchment paper.
3. Drop the cookie dough into 15 rounded scoops onto the prepared sheet, and flatten to about half of the cookie dough's original height using a spatula. Bake for 10-13 minutes. Cool on the pan for 10 minutes before turning out onto a wire rack.
4. While the cookies bake, prepare the icing by stirring together the confectioner's sugar and milk in a small bowl. You may need to add more milk to reach desired consistency. Transfer the mixture to a zip-topped bag. Once the cookies have cooled completely and just before serving, cut off a small piece of one corner of the bag, and drizzle the cookies with the icing. Enjoy!

<https://amyshealthybaking.com/blog/2017/10/12/iced-gingerbread-oatmeal-cookies/>

NUTRITION

Ask Your Child: What is your favorite cookie?

Thanksgiving at Spaulding

The Spaulding Team hosted over 250 employees (past and present), students, and community members during the 2022 Spaulding Thanksgiving Luncheon. Students dressed their best and greeted attendees, welcoming them to find a seat and enjoy the meal. Feathers were placed on each table for those attending to fill out something they are grateful for and add it to the community grateful turkey and later displayed in the school for all to see. There is so much to be grateful for, each and every year. This year we are grateful to gather as a community. The meal was catered by Hart's Turkey Farm and enjoyed by all!



HAPPENINGS



Ask Your Child: How do you celebrate the holidays?

To learn more visit: <https://chooselovemovement.org/home/>