



HEALTH SERVICES DEPARTMENT- STANDING ORDERS

Student Name _____

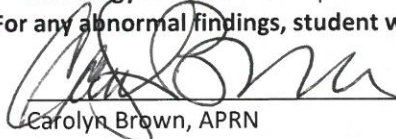
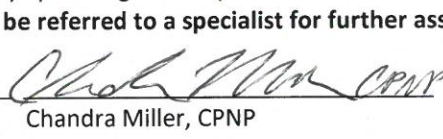
Below is a copy of the guidelines provided by Spaulding’s Nurse Practitioners for treatment of your child’s first aid, minor ailments and preventative health care needs. Please review the guidelines below and sign indicating your consent. Please do not hesitate to contact the Health Services Department with questions or concerns regarding this letter at 603-286-8901 ext 141.

Medication	Used for:
Acetaminophen every 4-6hr (dose weight based) Ibuprofen every 6-8hr (dose weight based)	Pain, fever >100 degrees
Diphenhydramine 25-50 mg p.o. every 4-6 hours	Allergic reaction/hives , dystonia
Nasal saline spray 2-3 times per day	Nasal congestion, dryness
Triple antibiotic ointment topically	Infection/to prevent infection, burns
Cough Drops as needed	Sore throat/cough
Sunblock SPF 30	Sunburns/prevention
Hydrocortisone cream 1% topically 2x/day	Itch/ bug bites,
Caladryl gel topically 2-3x/day	Bee sting, poison ivy, allergic reactions
Normal saline or Hydrogen Peroxide 3%	Topically to cuts/ abrasions prn
Tolnaftate 1% fungal cream 2x/day	Athlete’s foot, other fungal infections
Lice Shampoo	Use as directed
Fiber Gummy , 1 gummy by mouth up to 3 times a day	constipation
Tums 650 mg 1 hour after meals up to 4x /day	Heartburn
Epinephrine 0.15-0.3mg for anaphylaxis. Repeat injection in 5 minutes if first dose not effective. (dose weight based)	for anaphylaxis resulting from bee sting or other allergen
EMLA cream	Numbing cream for injections or blood withdrawal
Phenylephrine 5-10mg every 4 hours (only students >80 lbs)	Nasal congestion (if no seizure history)
Guaifenesin Cough, 1-2 tsp every 4 hours (only students >80lbs)	Cough/expectorant
Carbamoxide ear drops 2-4 drops in affected ear 3x/day for 7 days	Excess ear wax

GENERAL:

- **Lab Protocol:** Baseline labs will be drawn on all students. Monitoring of medication blood levels will be done at required intervals, and follow-up for any abnormal values will be drawn as needed.
- **Immunizations:** Given according to the CDC guidelines and New Hampshire School Immunization Guidelines with parental consent.
- **Annual EKG’s:** Performed on every child annually.
- **Dystonia Protocol:** Any child that receives an anti-psychotic are at risk for EPS (Extra Pyramidal Symptoms). To assess for any adverse reactions, a licensed member from Health Services will do an AIMS/DISCUS assessment every three months.
- **Ophthalmology Protocol:** Any child that receives the anti-psychotic, Seroquel, will have a slit-exam evaluation annually.
- **Vision Screening Protocol:** To be done annually by The Lions Club.
- **Audiology Protocol:** To be provided by Spaulding annually.

***For any abnormal findings, student will be referred to a specialist for further assessment.**

Carolyn Brown, APRN

Chandra Miller, CPNP

6/21/21
Date

Parent/Guardian Signature

Date