

FOR IMMEDIATE RELEASE

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Spaulding Academy & Family Services Hosts Youth Beatz

Northfield, NH – Spaulding Academy & Family Services (formerly Spaulding Youth Center) recently hosted a two-week residency of Youth Beatz, a New Hampshire-based drumming, fitness, and soft skills enrichment program. Youth Beatz founder Rich Regione is a national touring drummer, juried and accredited artist in residence.



Youth Beatz promotes creative expression, conflict resolution, respect for self and others, anti-bullying, cultural diversity, and teamwork to develop empathy, promote good decision-making, and drive positive change. The program specializes in complementing the social and emotional piece of education. Mr. Regione hosted Spaulding Academy classes each hour during every school day (Monday through Friday), providing all classrooms multiple opportunities to experience impactful learning while following COVID-19 safety recommendations. Students were treated to Regione's high energy and caring instruction, which incorporates a percussion-based aerobic workout combined with inclusive discussions that build confidence and encourage kindness.

"The Youth Beatz curriculum provided our students with a unique and memorable hands-on learning experience that melded athletic drumming with reflective life lessons," said Colleen Sliva, M.S.Ed., School Principal & Special Education Director. "This special mentoring opportunity is an example of the vibrant, integrated arts and music programming we continue to safely deliver during the COVID-19 pandemic."

Established in 2005, Youth Beatz offers a variety of in-school enrichment programs



for students, and team building events for adults, including keynote addresses and corporate retreats.

“It was an honor to provide intentional, student-focused programming and to work with the staff at Spaulding,” Regione said. “The students were very successful, respectful, and had a lot of fun!”

For more information about Spaulding Academy & Family Services and its comprehensive special education services, visit SpauldingServices.org. Details about Youth Beatz are available at youth-beatz.com.



ABOUT SPAULDING ACADEMY & FAMILY SERVICES

Spaulding Academy & Family Services is a leading provider of educational, residential, therapeutic and community based programs and services for families, and children and youth with neurological, emotional, behavioral, learning or developmental challenges, including Autism Spectrum Disorder and those who have experienced significant trauma, abuse or neglect. Established in 1871, Spaulding Academy & Family Services is a tax-exempt 501(c)(3) nonprofit that was formerly known as Spaulding Youth Center since 1958. Our scenic hilltop campus is located on nearly 500 acres in Northfield, NH and welcomes boys and girls from ages 4 to 21 from around the state of New Hampshire and beyond. In addition to programs provided on our Northfield campus, Spaulding’s community based programs include foster family licensing, Individual Service Option (ISO) foster care, ISO in-home services, child health support services, and more for children ages 0 to 20 and their family. For information about Spaulding Academy & Family Services, visit www.SpauldingServices.org.

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