



Finding Hope and Resilience

During this time of heightened stress, self-care and simple strategies to help empower ourselves and one another are so important. Join Scarlett Lewis to learn how to choose love over fear especially in these unsettling times. Scarlett will offer insight on how overcoming her personal tragedy and practicing the choose love formula can help in any circumstance especially in dealing with COVID-19.

Scarlett founded the Jesse Lewis Choose Love Movement, a nonprofit organization, after her son, Jesse, was murdered during the Sandy Hook Elementary School tragedy in December 2012. Scarlett decided to be part of the solution to the issues in society—and that also caused the tragedy. She travels across the United States and internationally to promote the Choose Love Enrichment Program, a no cost, comprehensive character development and social and emotional learning program empowering educators and students to choose love. The Choose Love Enrichment Program has been downloaded in all 50 states and in nearly 100 countries. Learn more at jesselewischooselove.org.

Please join:

Scarlett Lewis

Chief Movement Officer



Shannon Desilets

Program Director



on Wednesday, April 29th

1:00-2:30 PM

[REGISTER FOR FREE HERE](#)

"First of all, I am very blessed and grateful to have gotten to meet you and for also helping our school start up the Choose Love Movement and secondly because I was very inspired by your story and everything about the program. Thank you for all that you do and you truly are an inspiration to all of us...especially during these crazy times of the whole covid situation."

"Thank you SO MUCH for sharing the live lessons for us to use to help our students continue to learn about how to Choose Love at home. Thank you again for continuing to help spread the Choose Love message during these challenging times! It is so important!"

"Im eleven years old and I am trying to reach out to all the positive people during the Covid-19 . So thank you for being positive!"